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ABSTRACT

This module presents six comprehensive, contemporary lessons for high school classes on the elements and complexities of human relationships. Designed to give students a realistic perspective on what it takes to develop, maintain, and--when necessary--break off relationships, this module offers teachers a refreshing, straightforward approach to addressing the spectrum of sensitive relationship issues students experience. The book: (1) examines the components of loving relationships; (2) explores feelings and decisions surrounding the expression of physical attraction; (3) explains the elements of attraction; (4) helps students to identify myths and attitudes related to homosexuality; (5) provides an analysis of constructive elements in relationships; and (6) offers guidelines for ending a relationship and steps for recovering from a relationship that has ended. (JD)

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